



**DEPARTMENT OF THE NAVY**  
COMMANDER, FLEET ACTIVITIES SASEBO  
PSC 476 BOX 1  
FPO AP 96322

1000  
Ser N00J/39  
18 Feb 22

From: Commander, Fleet Activities Sasebo  
To: Fleet Activities Sasebo

Subj: UPDATED PUBLIC HEALTH ORDER

Ref: (a) CFAS Public Health Order dtd 3 Feb 22  
(b) COMUSFJ Force Public Health Order 22-002 with Annexes dtd 16 Feb 22  
(c) CNFJ/CNRJ COVID-19 Restriction of Movement Guidance in Response to COVID 19 (Update XV) dtd 31 Jan 22  
(d) CNFJ COVID-19 Leave and Liberty Policy dtd 2 Feb 22  
(e) CNFJ COVID-19 Activity Guide dtd 16 Feb 22  
(f) U.S. Naval Forces Japan Mask Policy (Update VI) dtd 18 Feb 22  
(g) CNFJ Interim COVID-19 Guidance in Response to Omicron (Update 1) dtd 21 Jan 22  
(h) Secretary of Defense Memorandum: Updated Mask Guidelines for all DoD Installations and Other Facilities dtd 28 Jul 21  
(i) SECNAV Memo: Use of Masks and Other Public Health Measures of 4 Mar 21  
(j) COMNAVFOR Japan Memo 5000 Ser N00/1158 dtd 22 Jun 21  
(k) COMFLEACT SASEBO INST 5500.3 dtd 17 Apr 19

Encl: (1) CFAS Restriction of Movement Requirements and Guidelines dtd 18 Feb 22  
(2) Template of Request for Exception to Policy Request (ETP) Form

1. This Public Health Order (PHO) supersedes reference (a). It incorporates references (b) through (k). New policy appears in red text. This PHO applies to all Status of Forces Agreement (SOFA) members who have or are seeking installation access at Commander, Fleet Activities Sasebo (CFAS). Japanese Master Labor Contract (MLC) employees and Individual Hire Agreement (IHA) employees of the U.S. Navy should follow this PHO to the maximum extent practicable. Uniformed personnel who disobey this PHO (including its enclosures) may be punished under the Uniform Code of Military Justice (UCMJ) for violation of Article 84 and/or Article 92. Others who violate this PHO may be subject to administrative measures such as curtailment, debarment, or early return to the United States.

2. Restriction of Movement (ROM). The limiting of an individual or group's movement to prevent the transmission of COVID-19 by: i) travelers returning from outside of Japan or from high risk areas (also known as **Travel ROM**), and ii) persons who violate this PHO. ROM requirements differ based on vaccination status; see reference (c) for details.

3. Pre-travel testing. All personnel age 2 or older conducting international air travel to Japan will be tested with a PCR or antigen test 3 days before departure via commercial or military airlift. They will maintain proof of the negative test result during travel.



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a. Commercial airlines may enforce stricter testing requirements. Travelers should contact their airlines before travel to find out if the airline has stricter requirements and ensure that they can meet them.

b. Individuals recovered from COVID-19 infection within 90 days are not subject to travel testing. However, those individuals must be cleared by a health care provider or public health official and must have a copy of the clearance letter in their possession during travel.

c. SOFA members flying MILAIR or Patriot Express who are fully vaccinated or age 5 and under, who cannot receive a COVID-19 test within 3 days of traveling to Japan may request an Exception to Policy from the first O-6 in their chain of command. The ETP shall include the travel(s) name(s), the reason a test was impossible, and the approving authority with contact information. If an ETP is granted, upon arrival in Japan the member is restricted to their ROM location in accordance with Enclosure (1) of reference (h) until they receive a negative arrival test result, at which point they will transition to the ROM status that matches their vaccination status. This means that, while waiting for the negative test, the individual **will be restricted to their residence for "Full" ROM even if their vaccination/immunization status would otherwise entitle them to spending ROM in Holding Period**. All Commands shall inform the CFAS ROM Team when an ETP is approved.

d. Travelers who have recently been in quarantine or isolation will complete all requirements outlined in reference (c) before beginning travel to or from Japan.

4. Arrival testing. All personnel traveling to Japan are subject to arrival testing **in accordance with references (b) and (c)**.

5. CFAS Holding Period. Holding Period is a type of ROM, defined by reference (c).

6. Contact Tracing: Contact tracing and placement in Quarantine, Isolation, or Holding Period will comply with references (b), through (g), and any guidance provided by the PHEO or CMA responsible for medical oversight at CFAS (CFAS Medical). Commands shall coordinate with CFAS Medical to ensure contact tracing is conducted for their personnel.

7. Masks. Wear masks as directed in references (b) through (i). **Reference (f) includes the most up-to-date guidance**. Tenant Commanding Officers and Tenant Facility Managers enforce these mask requirements on their premises and among their personnel.

8. Leave, Liberty, and Prohibited Activity. Leave and Liberty are authorized in all areas in Japan. For a list of permitted and prohibited activities in each prefecture, **consult reference (e)** and the map available at:

<https://www.google.com/maps/d/viewer?mid=1niEn2uoNN8LMFO3p48ls0nFFCaG1nuFf&ll=33.94689283081735%2C134.26384692650748&z=6> and on the CFAS website

9. Base Access. Persons with base access privileges may come onboard CFAS if they satisfied ROM requirements upon entry to Japan or will satisfy them at CFAS and have notified the CFAS



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ROM Team. Regarding guests, sponsors will ensure that guests follow all applicable rules in this PHO while on base (e.g. proper mask wear). Anyone—except MLCs/IHAs—who does an activity prohibited by reference (c) must complete a Travel ROM/Holding Period per enclosure (1) before they can access the installation, unless an Exception to Policy (ETP) per paragraph (11) is obtained. **Operational commands may impose stricter ROM requirements. Persons attached to vessels or deployable units should ask their direct chain of command about additional ROM requirements.**

10. Persons Seeking Access to CFAS with a USFJ ETP. References (b) and (c) establish an ETP process for deviation from ROM requirements to permit onward domestic travel by public transport and for participation in official meetings/events outside U.S. installations. Commands whose personnel obtain a USFJ ETP must immediately inform the CFAS ROM Team upon the ETP's approval and provide a copy of the approved ETP with related documents prior to traveling to CFAS. Arrivals will report directly to the CFAS ROM Team.

11. CFAS ETP Request. Route an ETP request to me through your chain of command if you must do an activity prohibited by reference (c) **for personal reasons**. No ETP is required for travel on official orders, for official business, or for medical appointments approved by CFAS Medical. ETPs must have a safety plan and travel itinerary, if applicable. Safety plans should describe your/your group's plan for mitigating the risk of infection and how you will remain safe during transit/the event. Your ETP should include everyone's vaccination status. I will consult data to determine if your activity or destination poses a high risk for spreading COVID-19. Unless specified otherwise in the ETP, a Travel ROM/Holding Period will be required upon your return. ROMs based on approved ETPs will be determined in accordance with enclosure (1). ETP requests must use enclosure (2) and must be submitted at least 72 hours before the travel or activity begins. An ETP from me is required for any other deviation from this PHO.

12. ROM. Enclosure (1) contains guidance on the variations of ROM. All persons in ROM will sign the Acknowledgement contained therein or a NAVPERS1070/613 to the same effect.

13. All arriving vessels shall comply with the ROM and testing requirements of reference (b). Arriving vessels shall comply with established policies concerning pratiques and will follow all directives from Branch Health Clinic Sasebo's Preventative Medicine team.

14. Additional Measures.

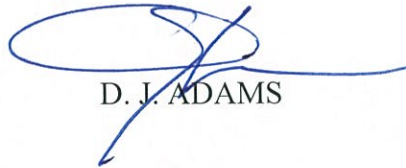
a. **Recommendations** for travelers within Japan. The following recommendations apply to people returning to CFAS from a trip to a prefecture that is in a quasi-state of emergency or a full state of emergency, or an area of Japan where the nearest installation is at HPCON Bravo or higher. These travelers shall monitor themselves for symptoms of COVID. I also recommend avoiding high-risk activities, such as patronizing indoor bars and restaurants. Please consider doing only essential shopping and take-out for the first 5 days after you return to Sasebo.

b. Per NAVADMIN 110/21, each command must maintain the ability to execute contact tracing for assigned personnel by having no less than two people trained on contact tracing.

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CFAS Medical is conducting training for contact tracers. All CFAS tenant commands are urged to take advantage of this training.

c. The base access privileges of the CFAS Guest Card Program established by reference (k)—concerning the limited use of MWR facilities by certain non-SFOA status Japanese citizens—are temporarily suspended in deference to Nagasaki Prefecture and Sasebo City's requests to maintain consistency with their local policies requesting their citizens to refrain from and limit non-essential activities.



D. J. ADAMS